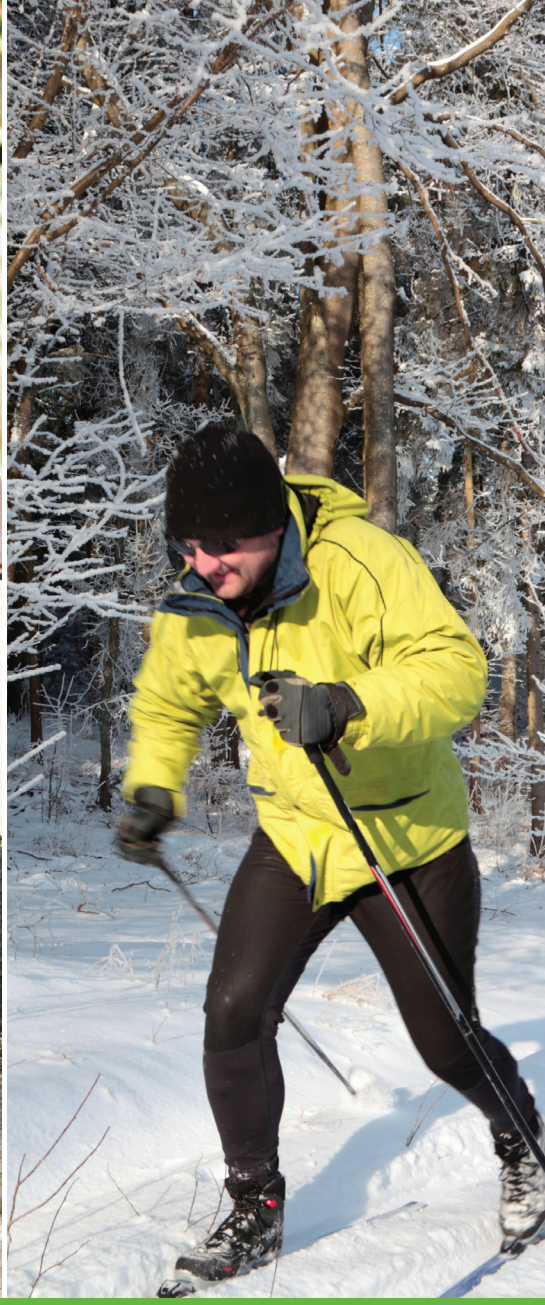

HIKING, BIKING & CROSS-COUNTRY SKIING

Trail Guide

SOUTHWESTERN MICHIGAN TOURIST COUNCIL

2300 Pipestone Road | Benton Harbor, MI 49022 | (269) 925-6301

Southwest MICHIGAN
IN & AROUND ST. JOSEPH
SWMICHIGAN.ORG

Berrien County

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Van Buren County

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Tour along scenic rivers, Lake Michigan's sandy coast and over the rolling hills of our verdant vineyards and sweetly scented orchards.

Fernwood Botanical Garden and Nature Preserve

13988 Range Line Road, Niles | 269.695.6491 | www.fernwoodbotanical.org

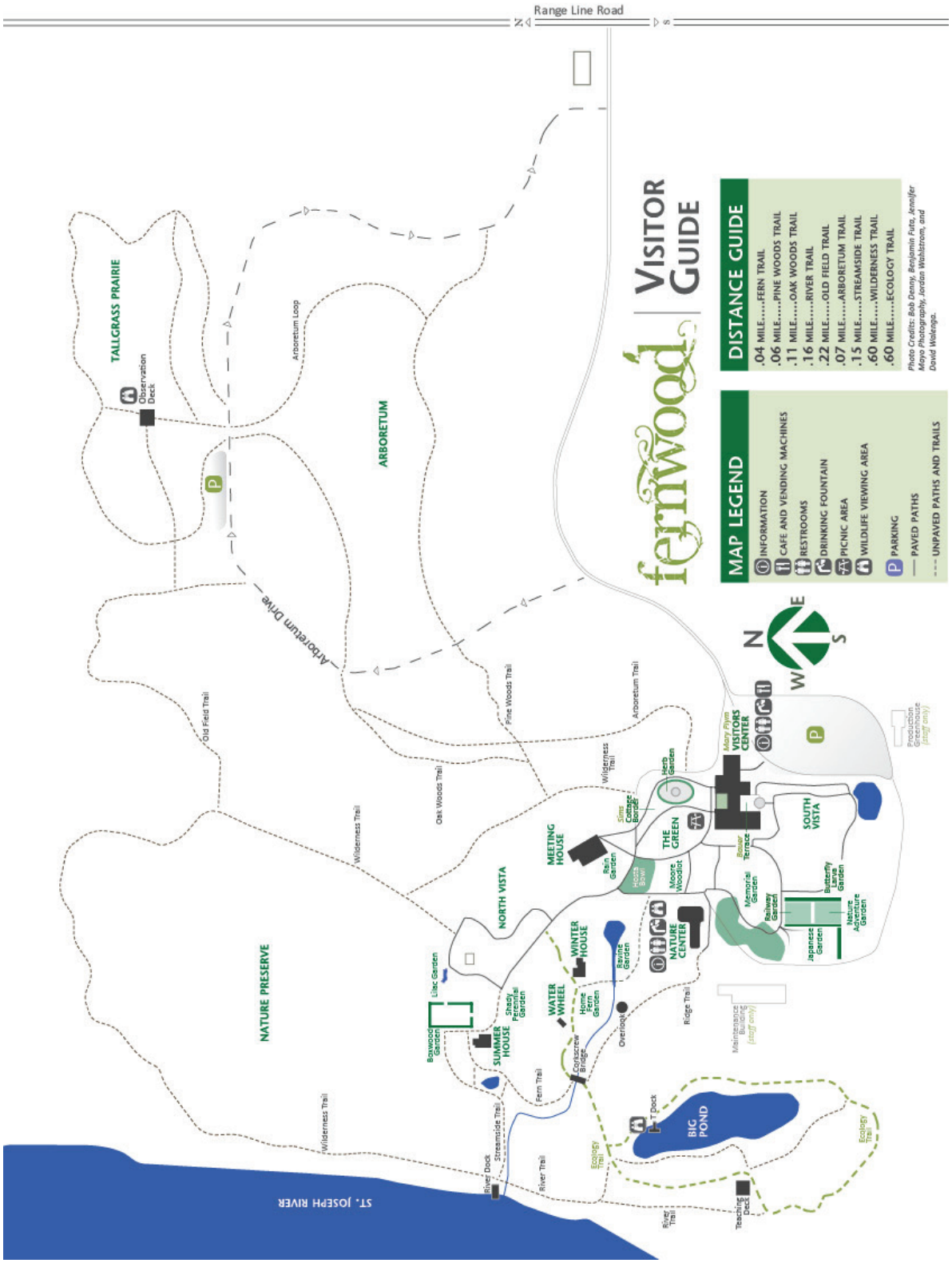


image source: www.fernwoodbotanical.org

Galien River County Park

17424 Red Arrow Highway, New Buffalo | 269-684-5274 | www.berriencounty.org/1297/Galien-River-County-Park

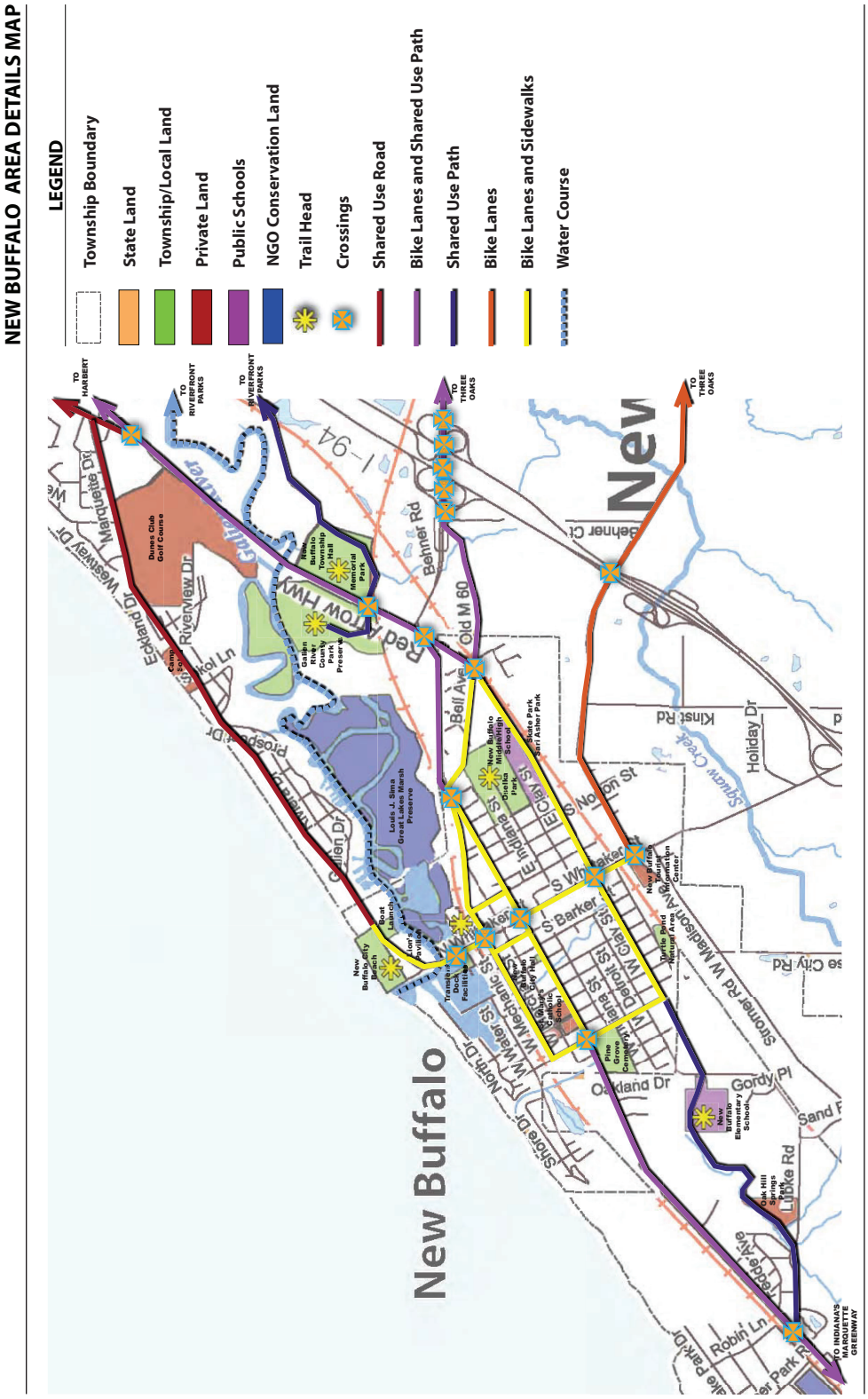


image source: www.cityofnewbuffalo.org/downloads/friendshctrailshikebikeplannb_area.pdf

Grand Mere State Park

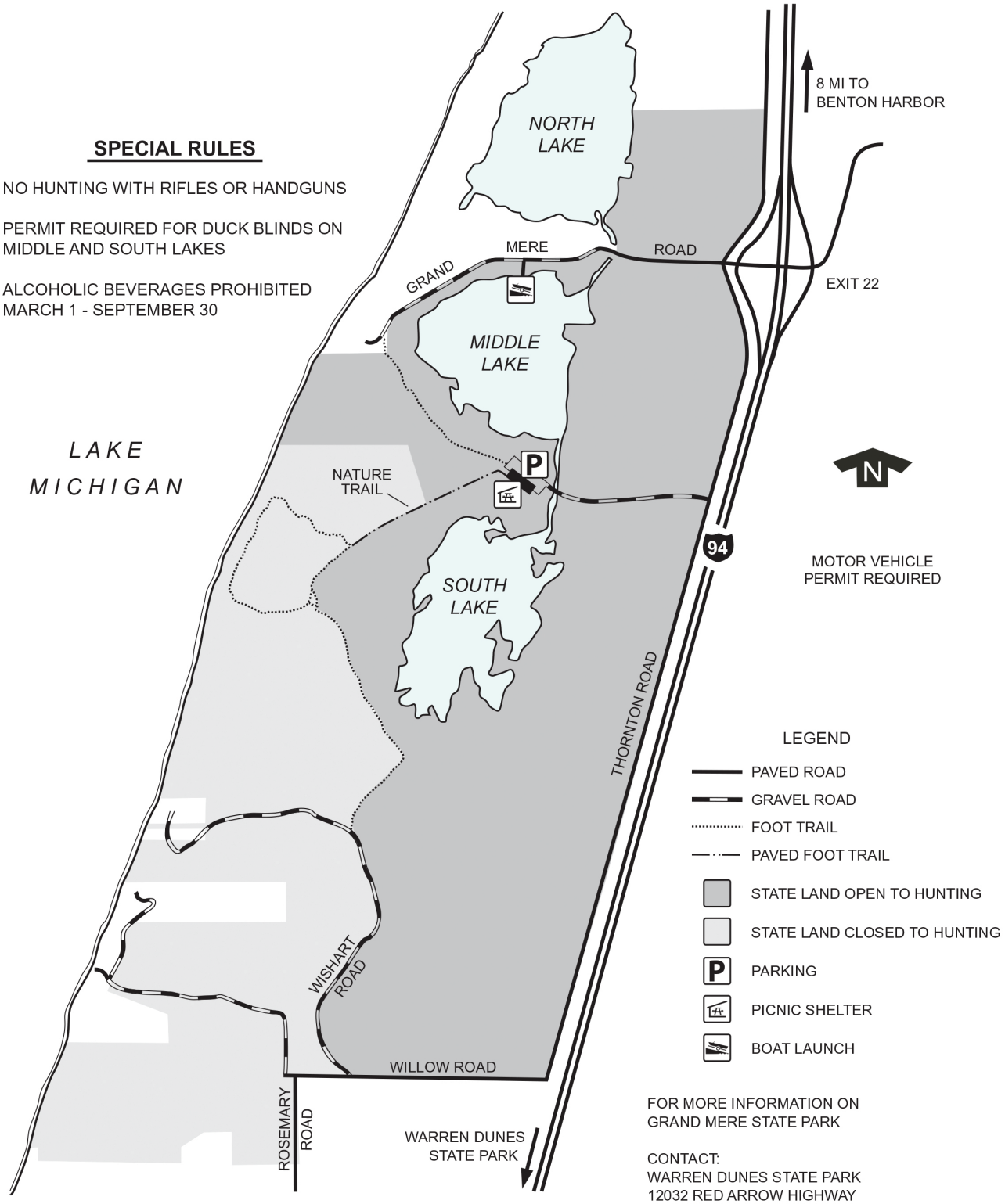
Thornton Road, Stevensville | 269.426.4013 | www.michigandnr.com/parksandtrails/details.aspx?id=450&type=SPRK

SPECIAL RULES

NO HUNTING WITH RIFLES OR HANDGUNS

PERMIT REQUIRED FOR DUCK BLINDS ON MIDDLE AND SOUTH LAKES

ALCOHOLIC BEVERAGES PROHIBITED MARCH 1 - SEPTEMBER 30



FOR MORE INFORMATION ON GRAND MERE STATE PARK

CONTACT:
WARREN DUNES STATE PARK
12032 RED ARROW HIGHWAY
SAWYER MI 49125
Phone: (269) 426-4013

image source: www.michigantrails.us/michigan-trail-maps/grand_mere_map.pdf

Harbor Shores Nature & Fitness Trails

201 Graham Avenue, Benton Harbor | 269.927.4653 | www.harborshoreslife.com/nature-trails.html

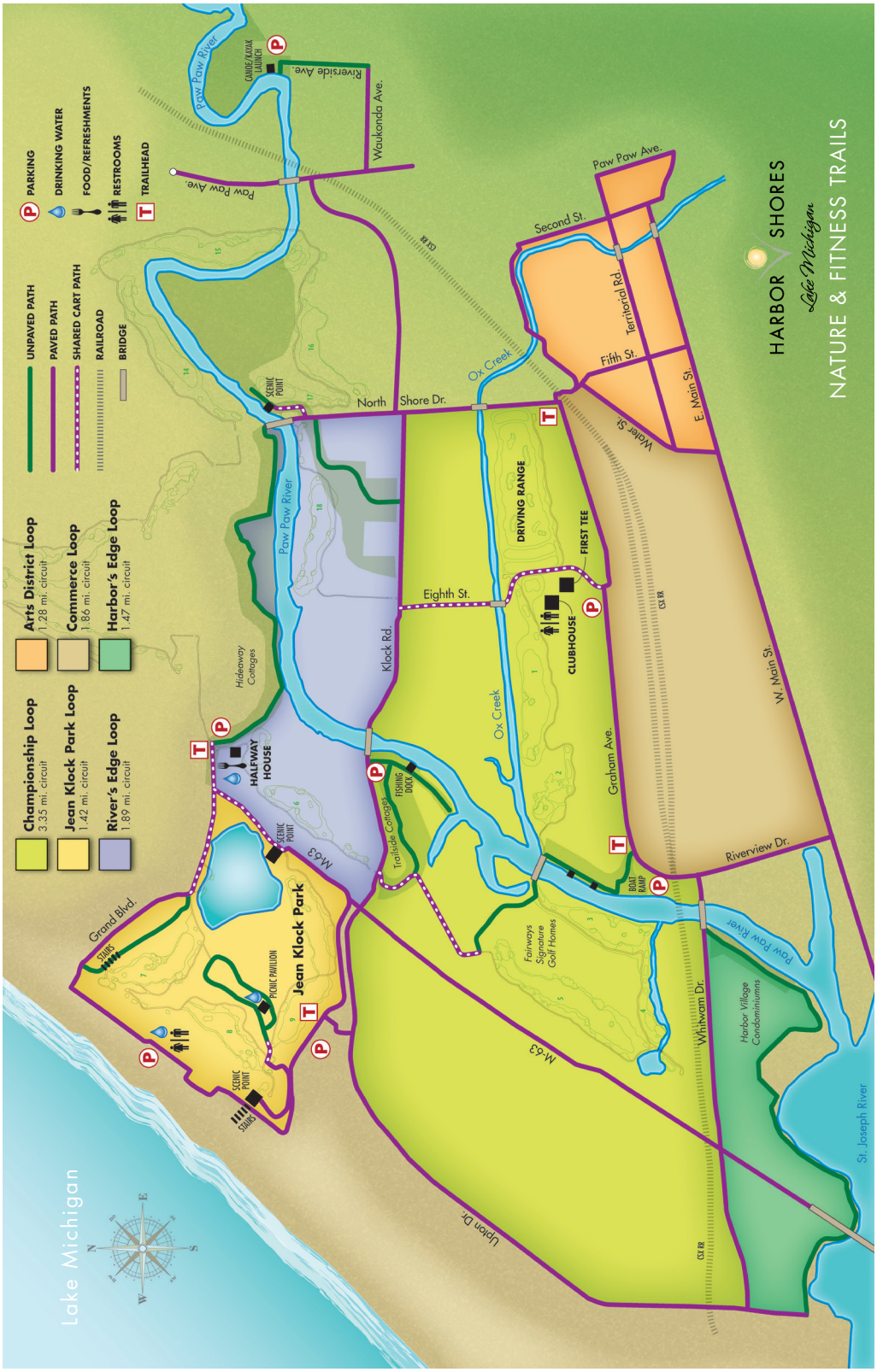


image source: www.harborshoreslife.com/551175153f_sites/www.harborshoreslife.com/files/nature-trails.pdf

John & Dede Howard Family Recreational Trail

Lions Park Drive, St. Joseph, MI | 269.983.5541
www.sjcity.com/index.php/play-here/195-john-and-dede-howard-family-recreational-trail

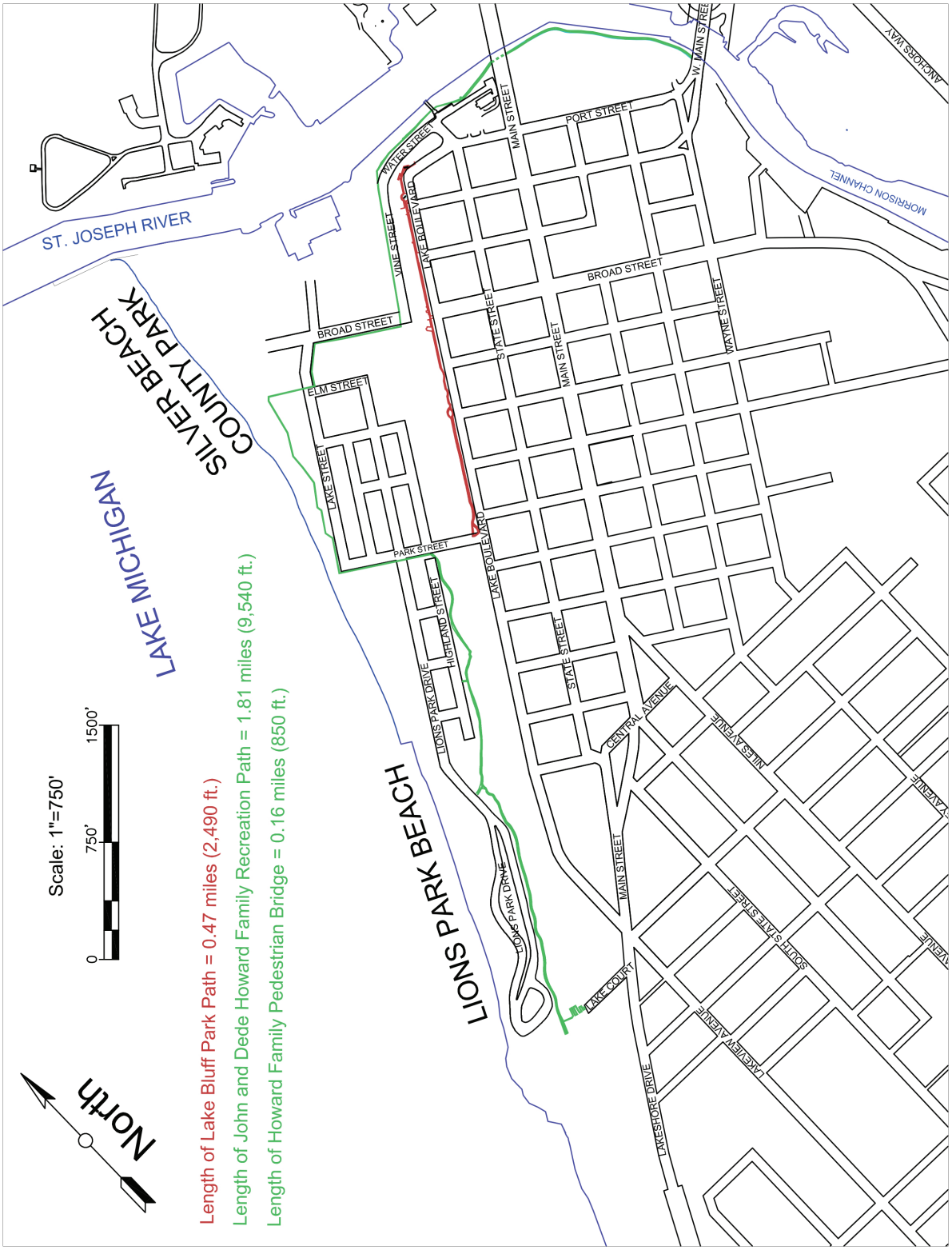
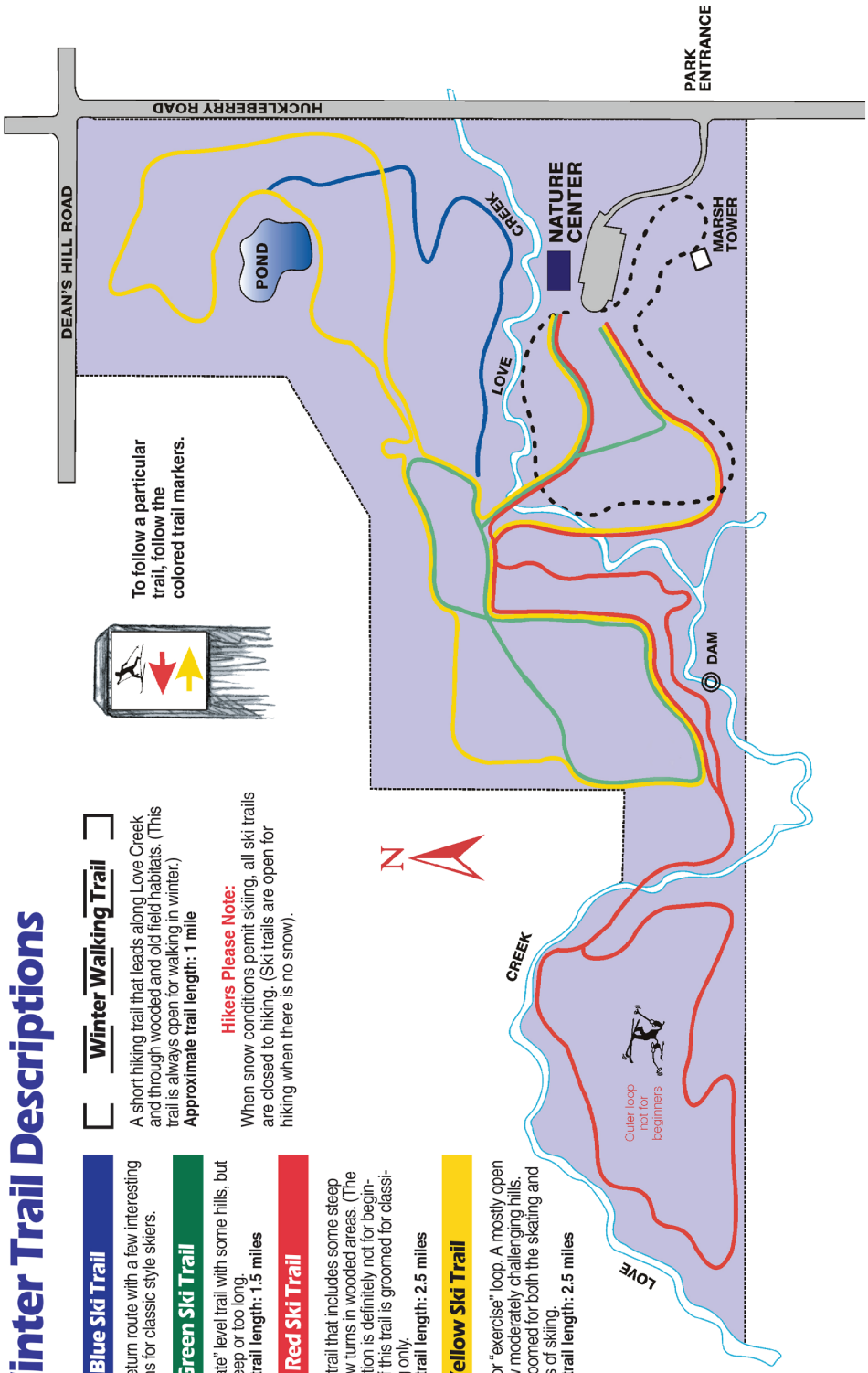


image source: www.sjcity.com/images/departments/public_services/pdfs/Trail_Map_Final_Version.pdf

Love Creek

9292 Huckleberry Road, Berrien Center | 269.471.2617 | www.berriencounty.org/Parks/LoveCreek



Winter Trail Descriptions

Blue Ski Trail

An alternate return route with a few interesting twists and turns for classic style skiers.

Green Ski Trail

An "intermediate" level trail with some hills, but nothing too steep or too long.
Approximate trail length: 1.5 miles

Red Ski Trail

A challenging trail that includes some steep hills and narrow turns in wooded areas. (The outer loop section is definitely not for beginners!) Much of this trail is groomed for classical style skiing only.
Approximate trail length: 2.5 miles

Yellow Ski Trail

The "skating" or "exercise" loop. A mostly open loop with a few moderately challenging hills. This loop is groomed for both the skating and classical styles of skiing.
Approximate trail length: 2.5 miles

Winter Walking Trail

A short hiking trail that leads along Love Creek and through wooded and old field habitats. (This trail is always open for walking in winter.)
Approximate trail length: 1 mile

Hikers Please Note:
When snow conditions permit skiing, all ski trails are closed to hiking. (Ski trails are open for hiking when there is no snow).

To follow a particular trail, follow the colored trail markers.

image source: www.berriencounty.org/uploaded/parks/lc_winter_trail_map.pdf

Madeline Bertrand Cross-Country Skiing and Hiking Trails

3038 Adams Road, Niles | 269.683.8280 | www.berriencounty.org/Parks/MadelineBertrand

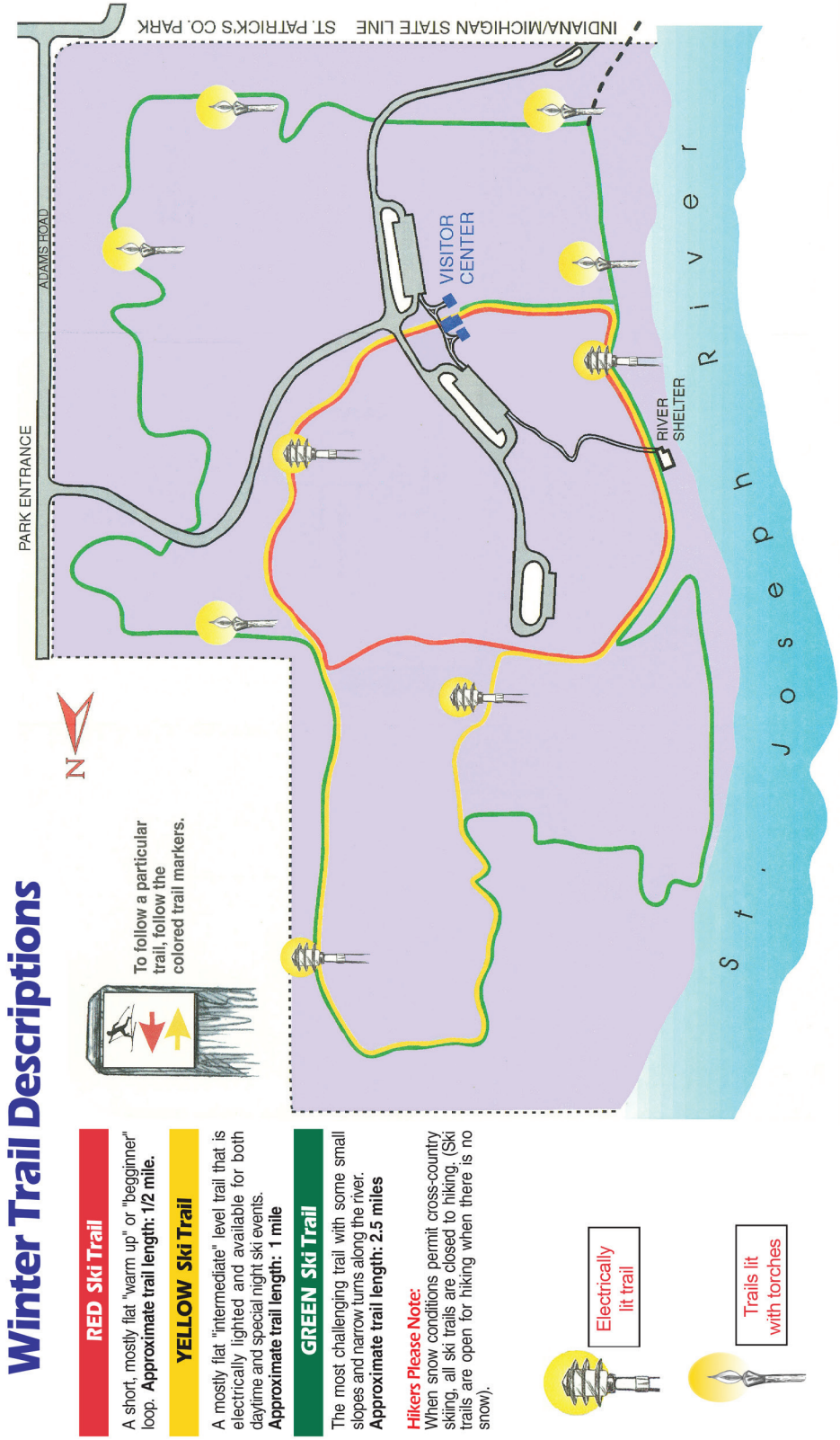


image source: www.berriencounty.org/uploaded/parks/mb_winter_trail_map.pdf

New Buffalo Walking/Biking Trails

15311 Three Oaks Road, Three Oaks | 269.469.5409 | harborcountry.org

RESTAURANTS & THINGS TO EAT
E1 Stray Dog Bar & Grill
E2 Subway
E3 Nancy's Hot Dogs & Ice Cream / Casey's Bar & Grill / Rosie's Restaurant / South Bend Chocolate Company
E4 David's Delicatessen / Brewster's Italian Cafe
E5 The Flour Shop Bakery
E6 Oink's Dutch Treat Ice Cream & Yogurt
E7 Bentwood Tavern
E8 Hannah's Restaurant
E9 Villa Nova Pizzeria
E10 Redamak's Tavern
E11 Ozzie's Eatery
E12 Pizza Hut
MAP KEY
PARKING
RESTROOMS
AMTRAK STATION
CONCESSIONS @ BEACH
GAS STATION
KAYAK LAUNCH
LIGHTHOUSE
CITY MARINA OFFICE
CHAMBER OF COMMERCE
ROAD
WALKING ROUTE
BIKE ROUTE
BOARDWALK & STAIRS @ NEW BUFFALO BEACH
HIKING TRAIL @ BEACH
BOAT SLIPS
PICNIC AREA
PICNIC SHELTER
PICNIC SHELTER
PLAYGROUND
TENNIS COURTS
SKATE PARK
BALL FIELD
VOLLEYBALL COURT
SCENIC VIEW
BODY OF WATER
PARK
FISHING SPOT
LIFE-SAVING DEVICE
MILES
0
.25
NEW BUFFALO
Lake Michigan
Galien River
Swimming Beach
New Buffalo City Beach
Lighthouse
City Boat Launch
Lions Pavilion Park
North Breakwater
South Breakwater
Lake Michigan Yacht Club
Dunewood Condo Assoc.
Oselka Park
New Buffalo Middle & High School
Skate Park & Tennis Courts
Football Field
Sari Asher Memorial Park
Dog Park
Turtle Pond Nature Preserve
Pine Grove Cemetery
Marina
Library
Post Office
City Hall
Fire Dept.
St. Mary of the Lake Church
St. John's United Church of Christ
Methodist Church
Outpost Sports
Downtown
Marina Grand Resort
Marina Seasons
Federal Channel
City Transient Docks
New Buffalo Yacht Club
Harbor Guard
Marina
Marina Seasons
Marina
Marina
Marina

Niles Walking/Biking Trails

1109 South 11th Street, Niles | 269.684.7444 | fourflagsarea.org

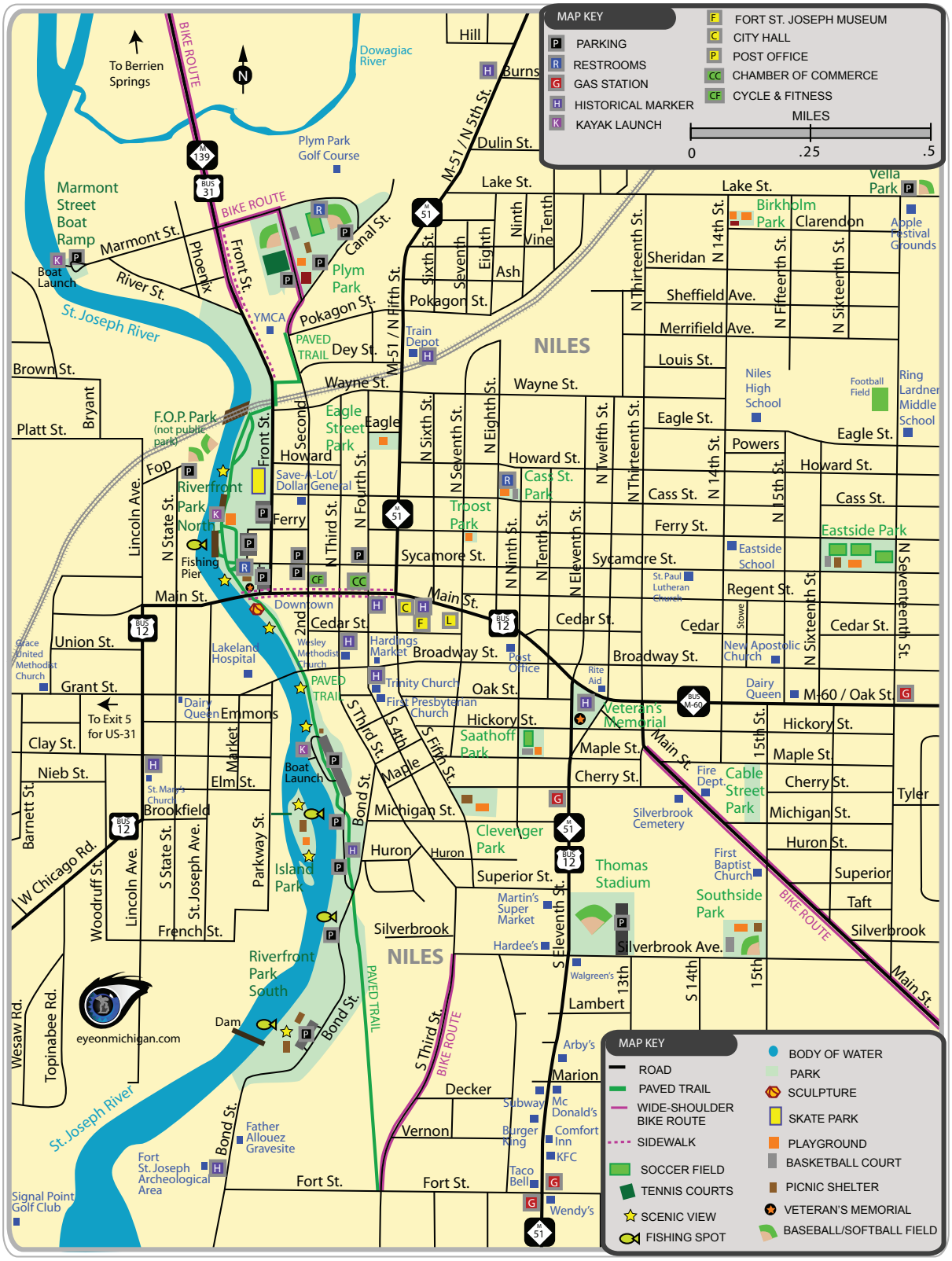


image source: www.eyeonmichigan.com/guides/niles/pdf/niles_map.pdf

Sarett Nature Center

2300 N. Benton Center Road, Benton Harbor | 269.927.4832 | sarett.com

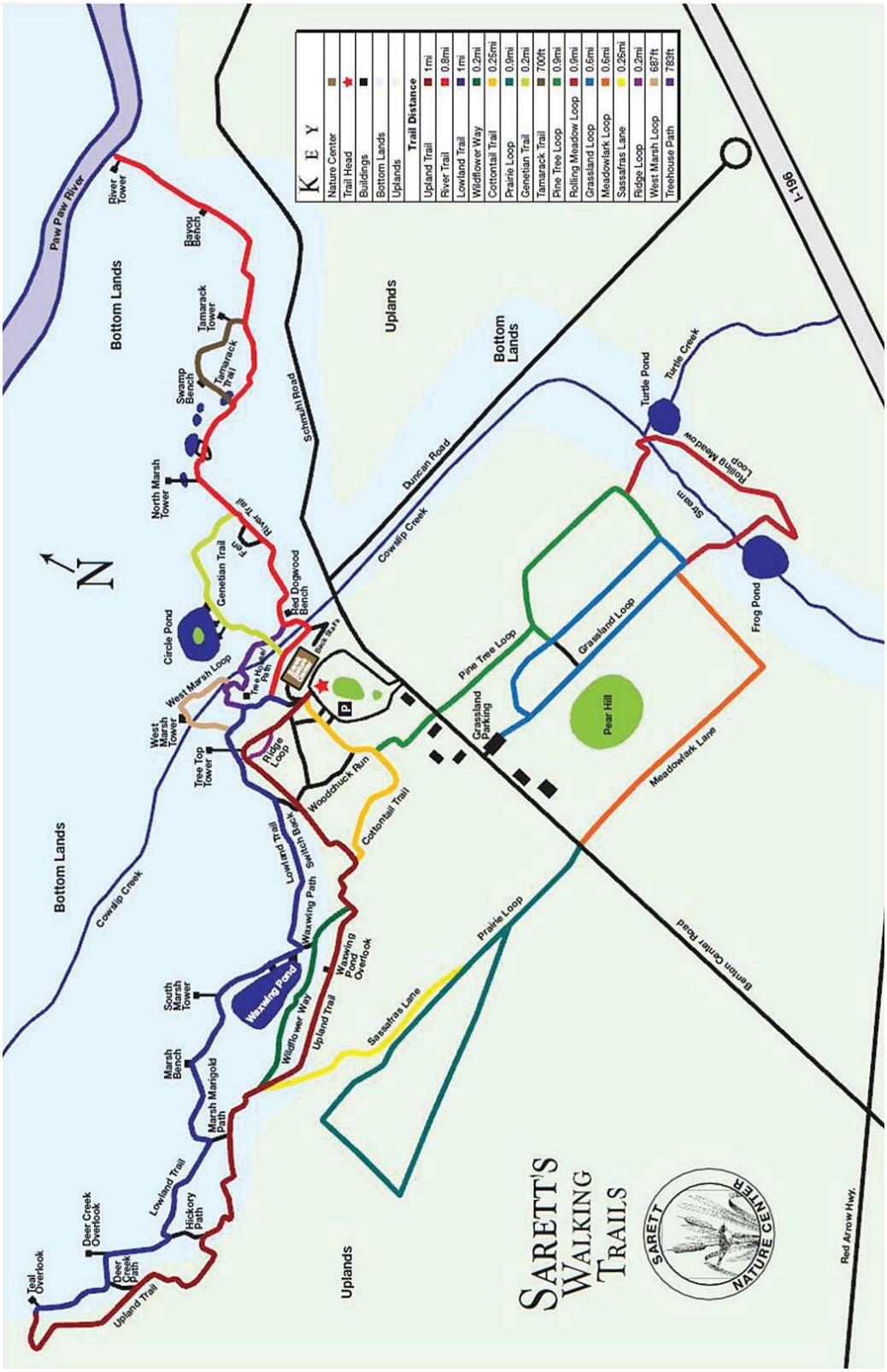


image source: www.sarett.com/trailmap.htm

Warren Dunes State Park

12032 Red Arrow Highway, Sawyer | 269.426.4013 | www.michigandnr.com/parksandtrails/Details.aspx?type=SPRK&id=504

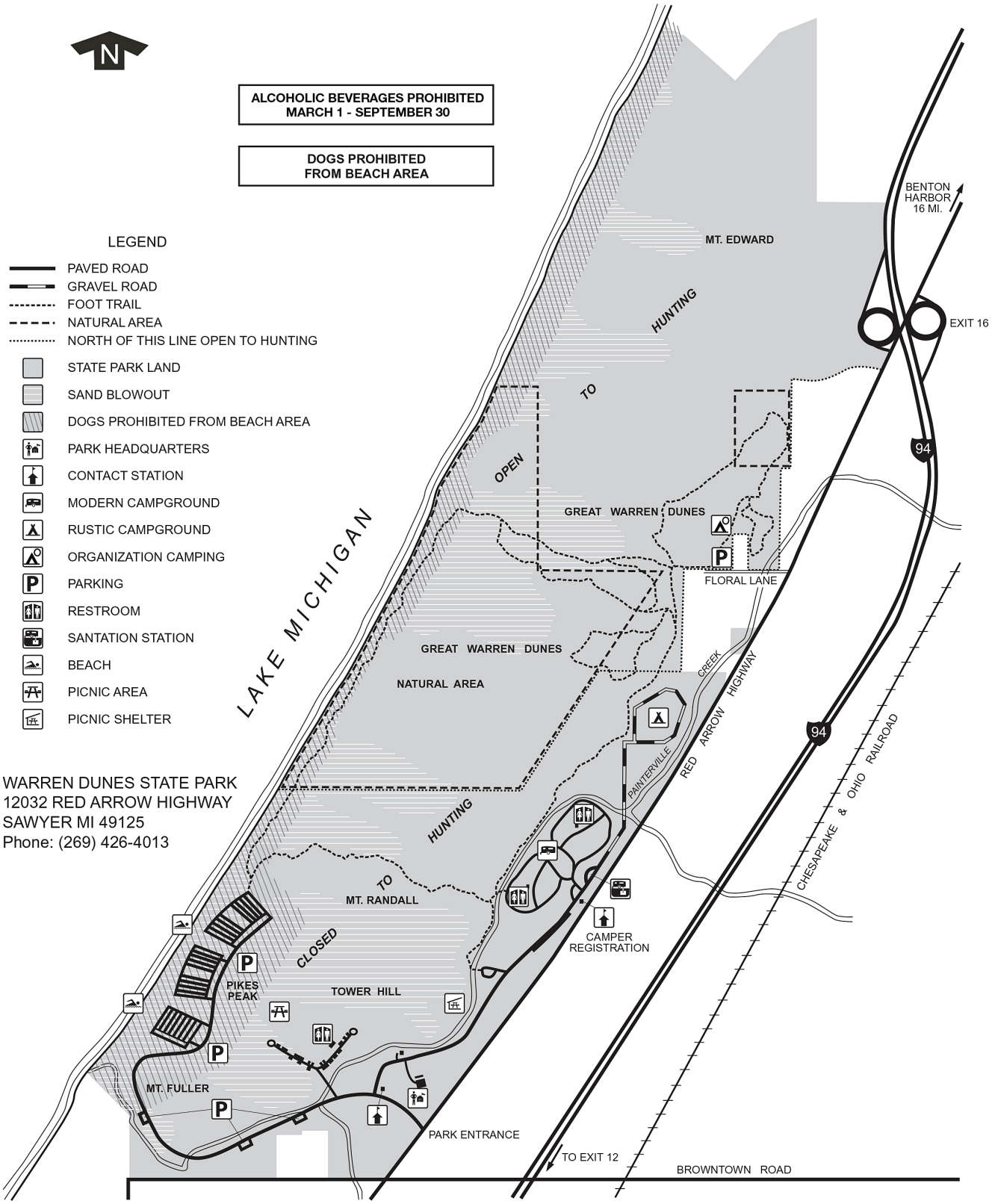


image source: www.michigantrails.us/michigan-trail-maps/warren_dunes_map.pdf

Warren Woods State Park

12032 Red Arrow Highway, Sawyer | 269.426.4013 | www.michigandnr.com/parksandtrails/details.aspx?id=505&type=SPRK

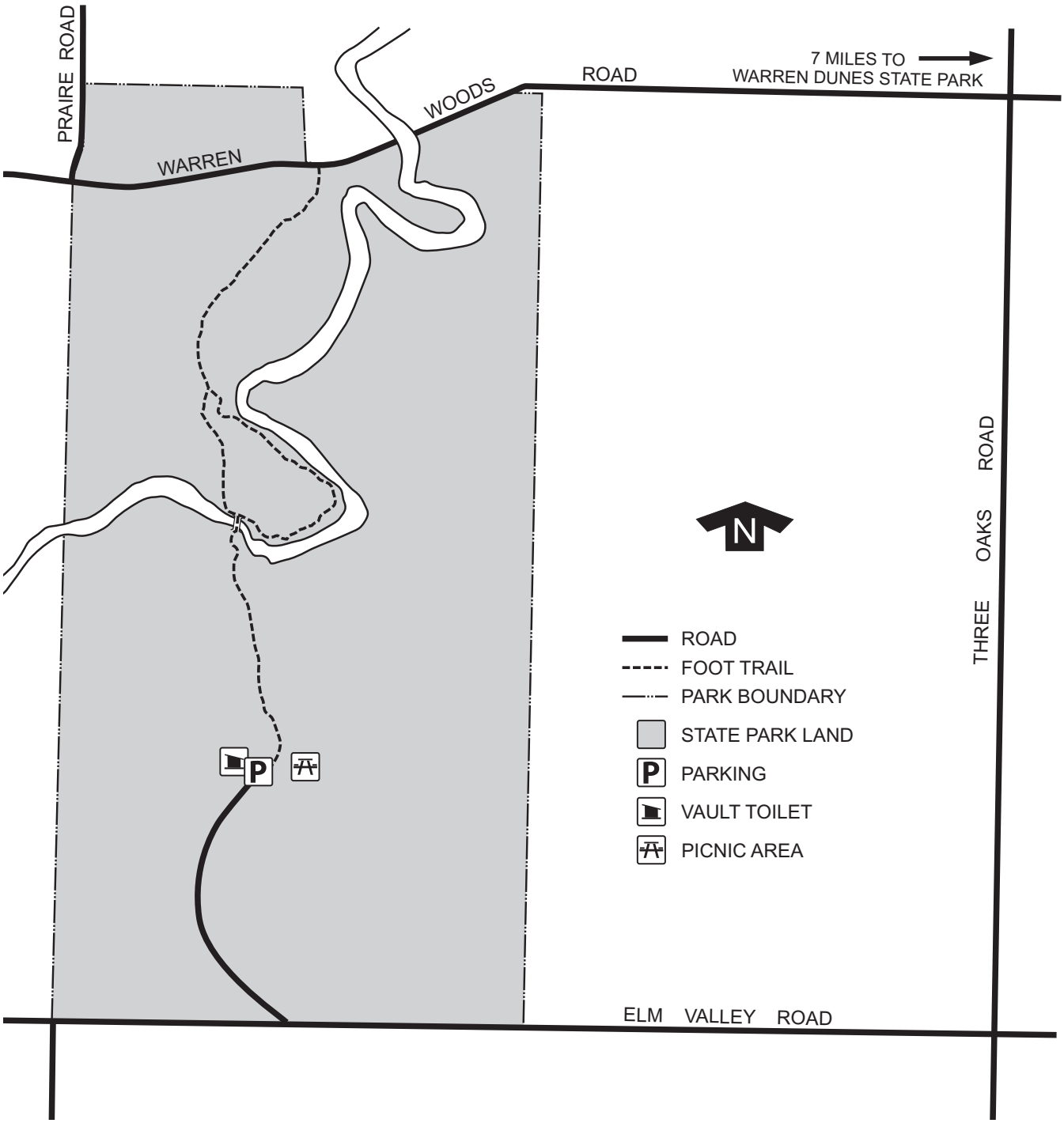


image source: www.michigandnr.com/Publications/PDFS/RecreationCamping/warren_woods.pdf

Fred Russ Forest Park

20379 Marcellus Highway, Decatur | 269.445.8611 | www.michigantrailmaps.com/member-profile/3/36/

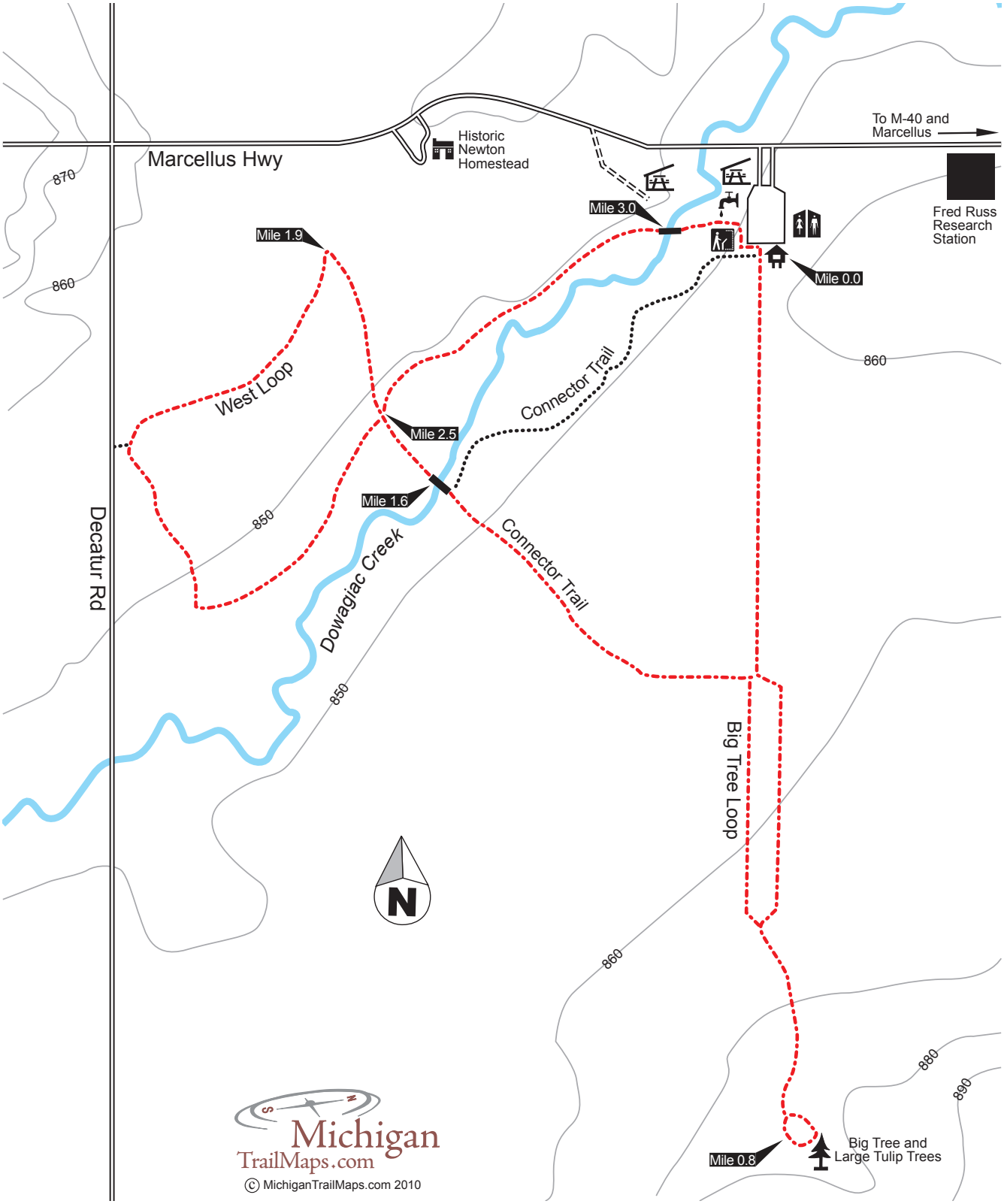


image source: www.michigantrailmaps.com/member-profile/3/36/

T.K. Lawless Park Hiking Trails

15122 Monkey Run Street, Vandalia | 269.445.4456 | casscountymi.org/CountyParks/DrTKLawlessPark.aspx

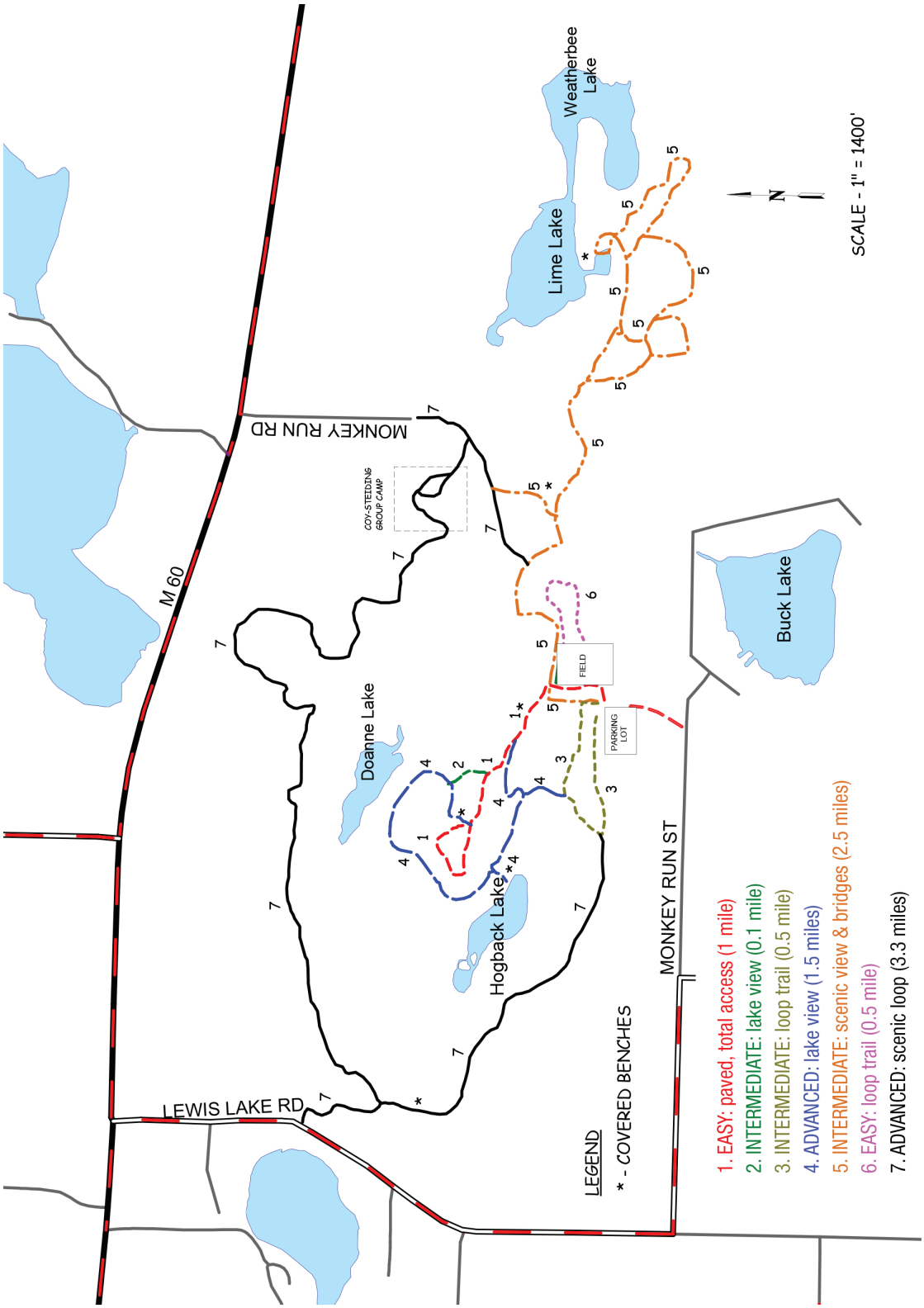


image source: www.ccasscountymi.org/Portals/1/Parks/TK%20Lawless%20Trail%20Map.pdf

T.K. Lawless Park Mountain Bike Trail

15122 Monkey Run Street, Vandalia | 269.445.4456 | www.casscountymi.org/CountyParks/DrTKLawlessPark.aspx

Advanced skill level 10 mile trail loop. Average ride time, 1.5 hours. Ride responsibly, wear your helmet.

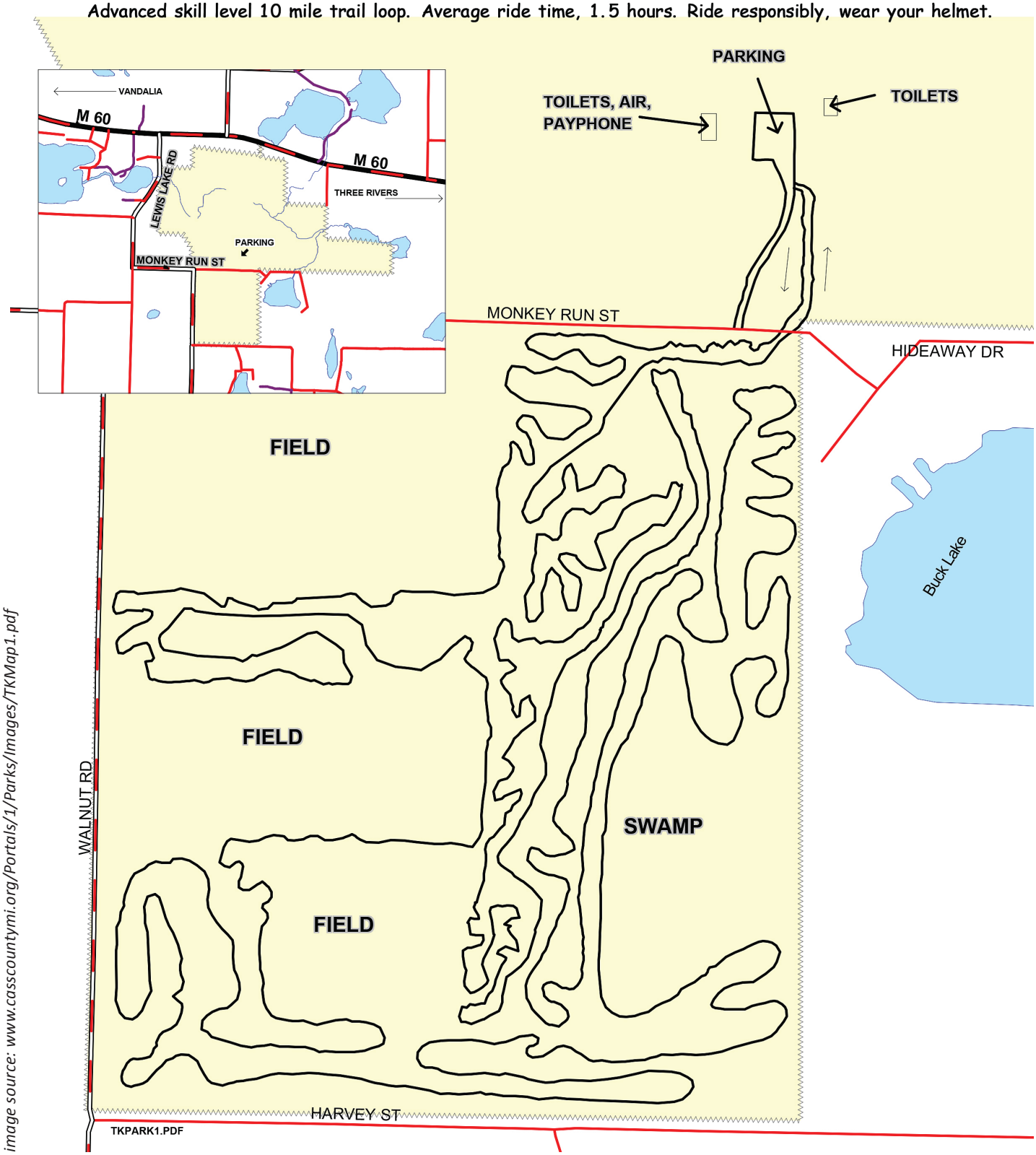


image source: www.casscountymi.org/Portals/1/Parks/Images/TKMap1.pdf

Spirit Springs Sanctuary

Dutch Settlement St, Marcellus | 269.324.1600 | www.swmlc.org/project/spirit-springs-sanctuary/

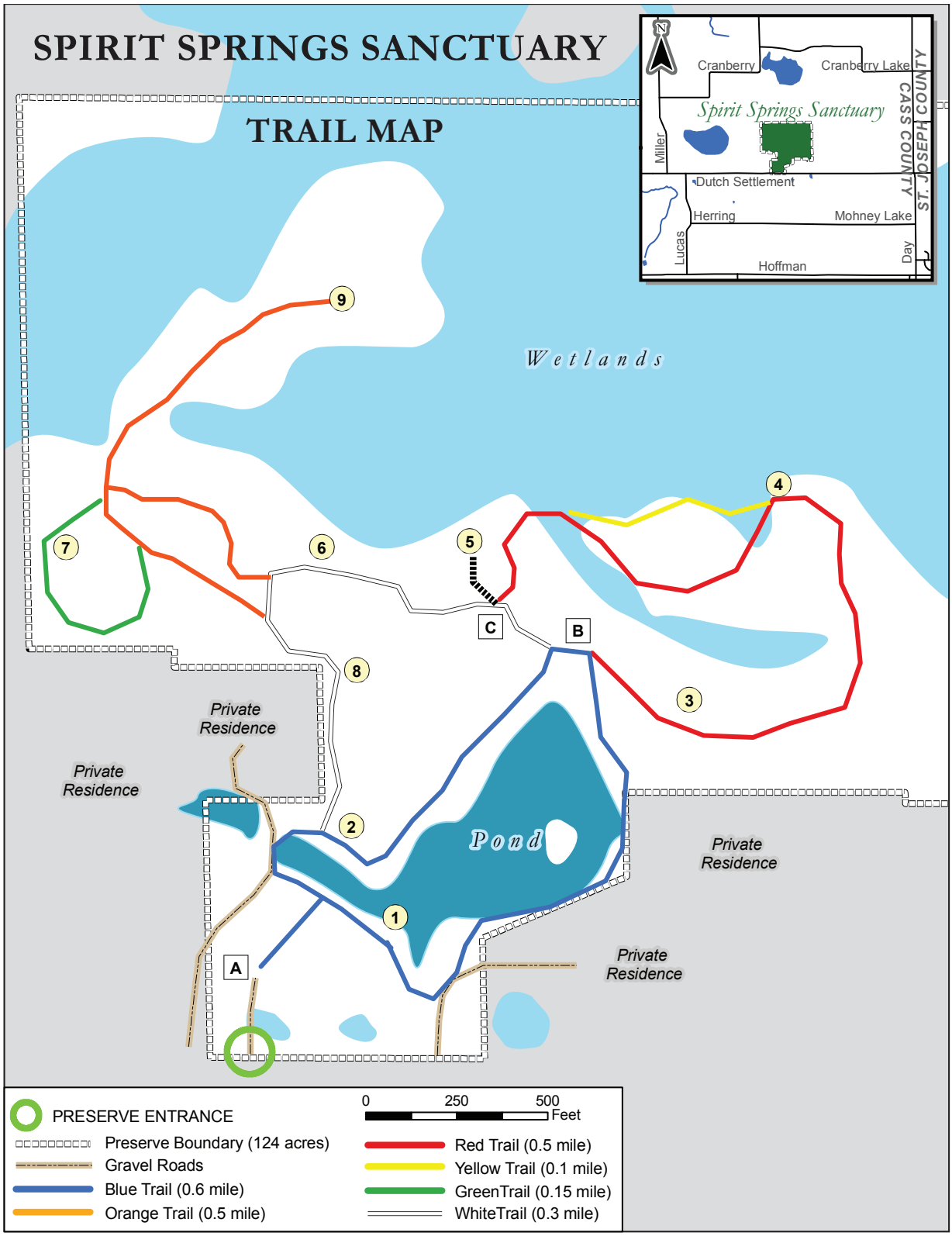


image source: www.swmlc.org/wp-content/uploads/2018/10/MAP-SSS_Trail-Map.pdf

Kal-Haven Trail State Park

N. Bailey Avenue, South Haven | 269.674.8011 | vbco.org/trails.asp

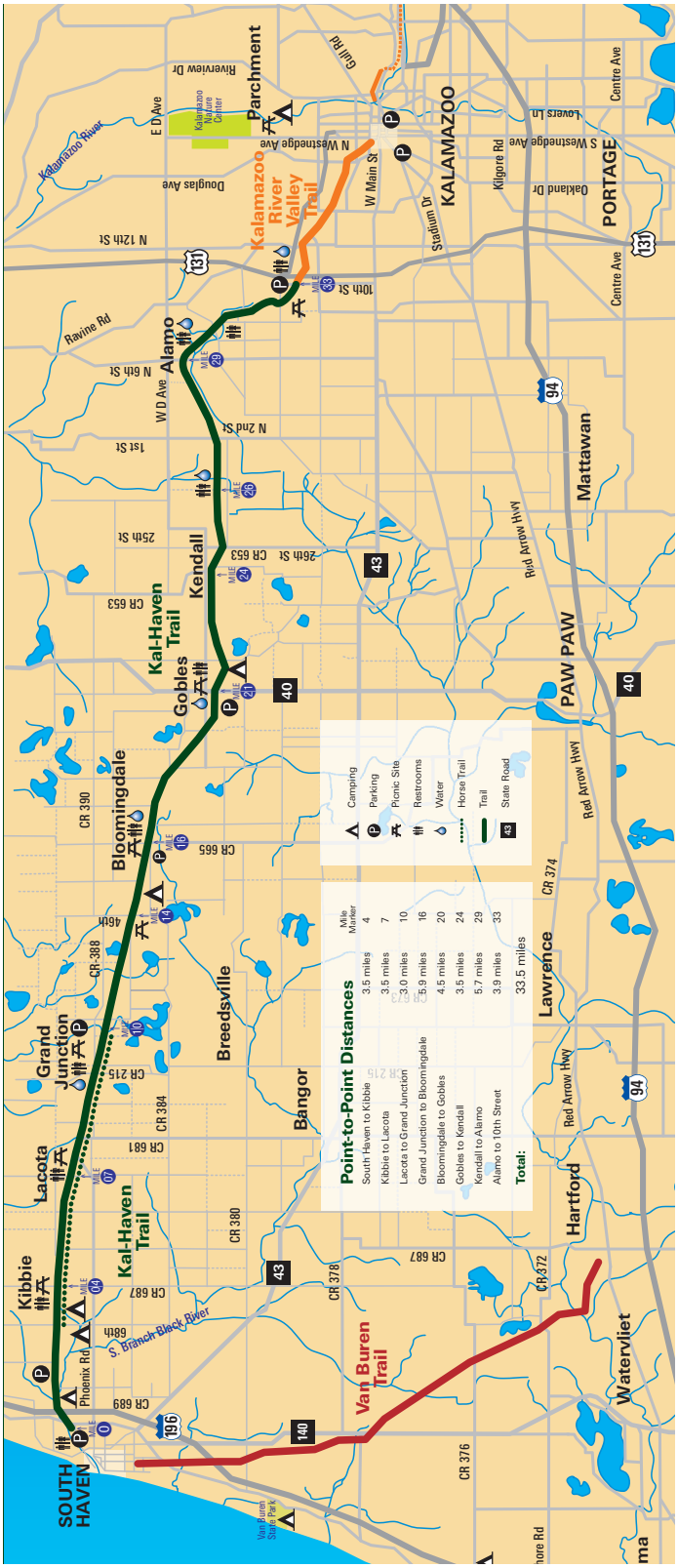


image source: www.vbco.org/downloads/trail_map_r_1.pdf

Ross Coastal Plain Marsh Preserve

I-196, Covert | 517.316.0300

www.nature.org/en-us/get-involved/how-to-help/places-we-protect/ross-coastal-plain-marsh-preserve/

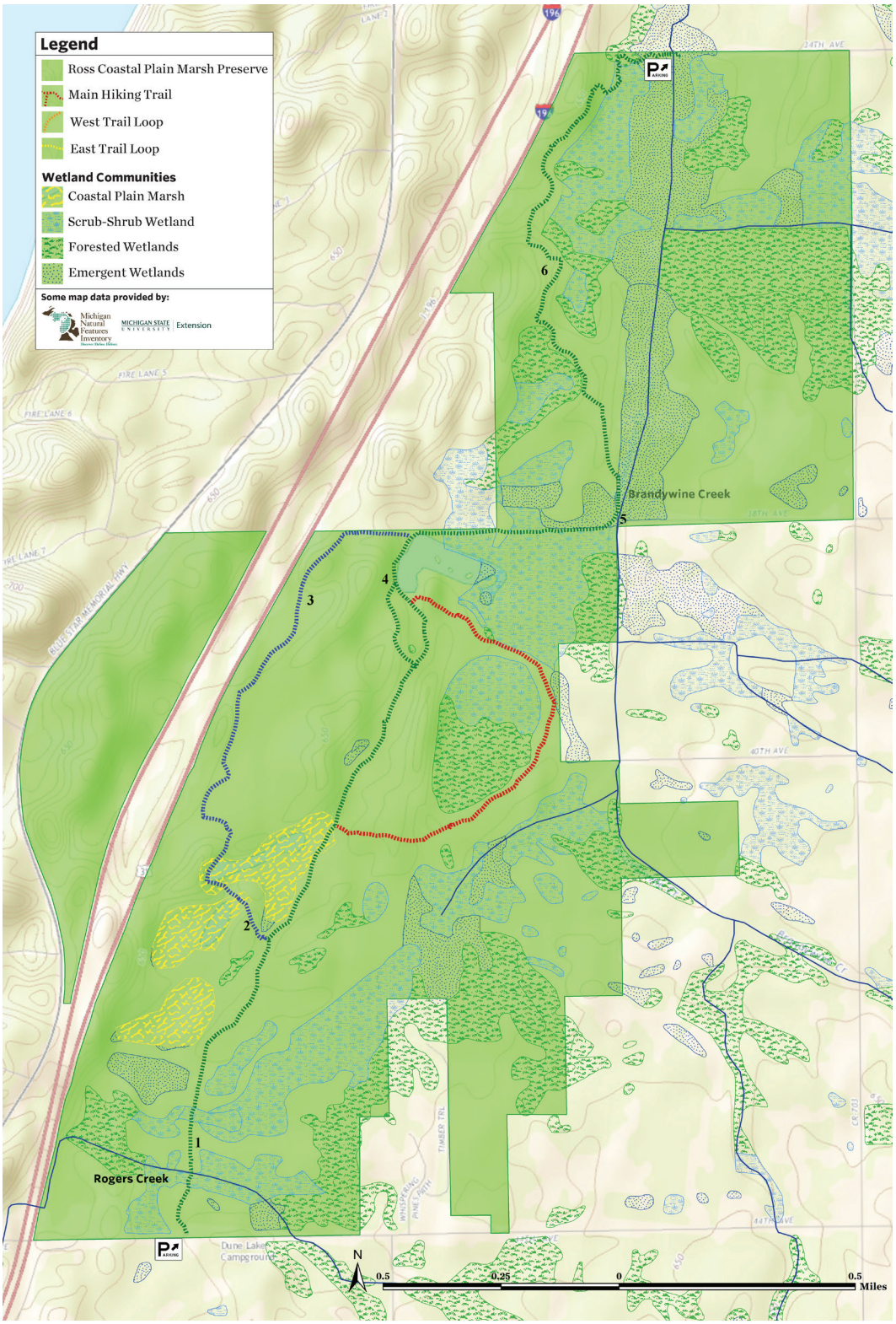


image source: www.eyeonmichigan.com/trails/vanburen/map.php

Van Buren Trail State Park

Lovejoy Avenue, South Haven/Prospect Street, Hartford | vbco.org/trails.asp

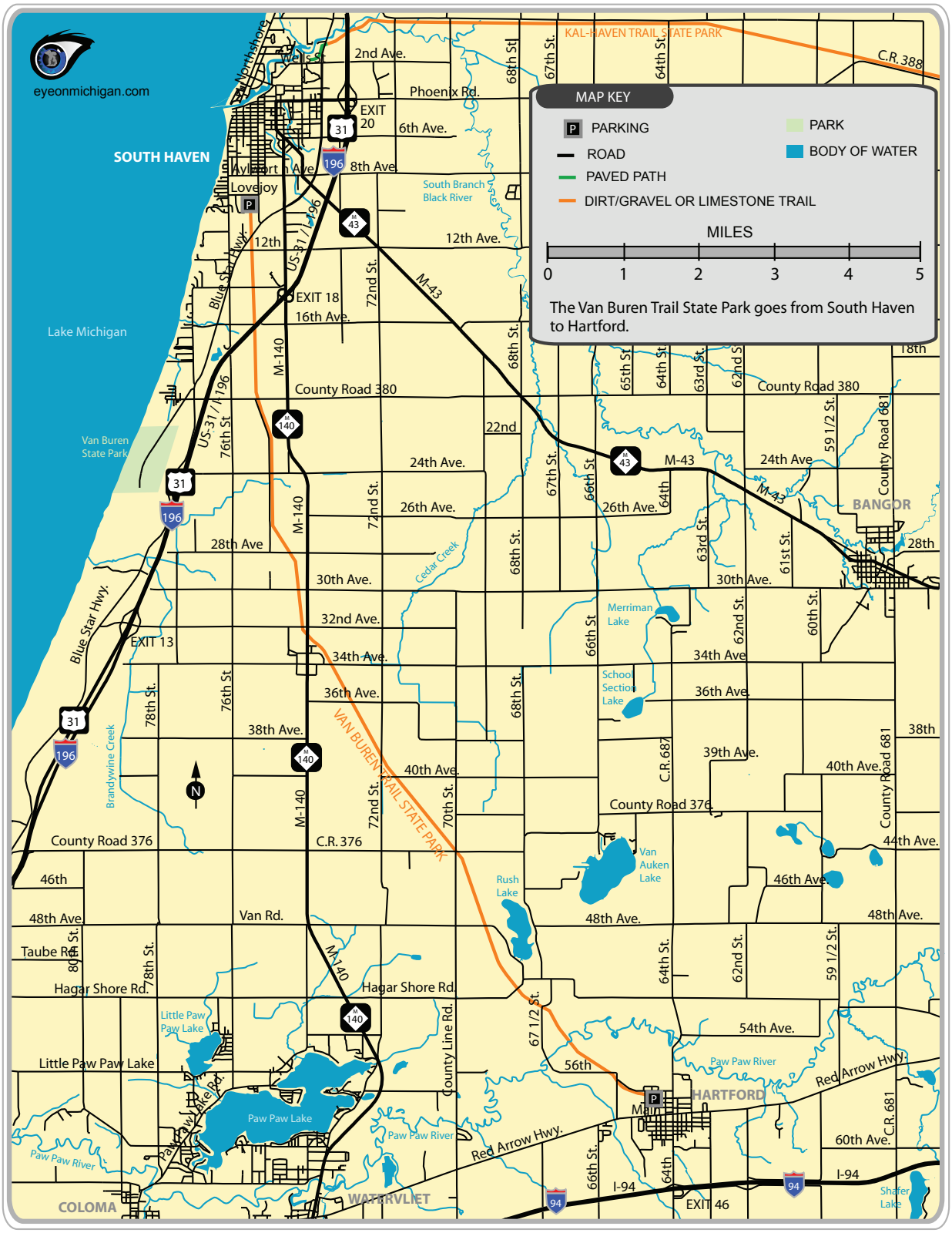


image source: www.eyeonmichigan.com/trails/vanburen/map.php